

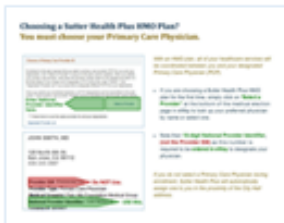
# Introducing Sutter Health Plus

You have 2 new plan options for 2017: the **Sutter Health Plus (SHP) \$20-Copay** and the **\$1500 Deductible plans**. While selecting a new health plan may seem overwhelming, with the right tools and resources it's easier than you think. With Sutter Health Plus you have access to doctors who partner with you to keep you and your family healthy, active and doing things you enjoy most.



## Custom Webpage

Sutter Health Plus created a custom webpage just for City of San José employees. Here you can easily access important information about your coverage and benefits. Visit [sutterhealthplus.org/csj](http://sutterhealthplus.org/csj).



## FAQ and Guide

Additional information is available for you at The City's [Open Enrollment 2017 website](#). The [FAQ Sheet](#) provides you with answers to some specific questions you may have regarding the Sutter Health Plus plans. The [Step-by-Step Guide on Finding a SHP Doctor](#) helps ensure that you see a provider of your choice once you select a Sutter Health Plus plan for 2017.



## Welcome Book

Upon enrollment you'll receive your Welcome Book that contains important information and resources to help you navigate your health care.

## Transferring Your Medical Records

If your former medical group is Kaiser Permanente, UC Davis Medical Group, UC San Francisco Health, or Stanford Health: Your Sutter Health Plus provider will have electronic access to your medical records; you may wish to request records from your former physician for personal use.

If your former medical group is Sutter Independent Physicians or Brown & Toland Medical Group: You will need to send a Medical Records Request Form to your former physician to release your records. Talk to your new Sutter Health Plus provider about the process.

## Pharmacy Benefits

Sutter Health Plus partners with MedImpact, a pharmacy benefit management company, to provide prescription benefits, including retail, mail order and specialty prescriptions. Learn more about what you need to do before and after 01/01/2017 at [sutterhealthplus.org/csj](http://sutterhealthplus.org/csj).

## Infertility Benefits

The Sutter Health Plus plans infertility benefit is enhanced to include Intrauterine Insemination (IUI) and In-Vitro Fertilization (IVF) procedures at a 50% cost share. For detailed information including limitations and exclusions, refer to the [Benefit Rider document](#) at [sutterhealthplus.org/csj](http://sutterhealthplus.org/csj).

## Mental Health, Behavioral Health and Substance Use Disorder Treatment Services

Mental Health, Behavioral Health, and Substance Use Disorder Treatment Services are coordinated and administered by US Behavioral Health Plan of California (USBHPC). You do not need a referral from your PCP or from USBHPC to see a USBHPC participating provider for office visits for mental health care, behavioral health care, medication management or substance use disorder treatment.\*

## Women's Health Services

Sutter Health Plus covers preventive care and screenings as outlined in the guidelines supported by the Health Resources Services Administration ([www.hrsa.gov/womensguidelines](http://www.hrsa.gov/womensguidelines)).

A referral is not needed for gynecology examination and obstetrical services from a Participating Provider within your PCP's Medical Group.\*

\* Although a referral or prior authorization is not required to receive care from the Participating Providers, the participating provider may have to get prior authorization for certain Covered Services. For example, certain labs tests, hospital admissions or transplants may require prior authorization from either SHP or the Medical Group. For more information, refer to the [Evidence of Coverage and Disclosure Form](#) at [sutterhealthplus.org/csj](http://sutterhealthplus.org/csj).

You may make changes to your benefits during the **Open Enrollment period (October 24 to November 14, 2016)**. All open enrollment changes will be **effective 1/1/2017**.